

### Carlo A. Messina, D.P.M. Foot and Ankle Surgeon, Podiatrist

- Diplomate: American Board of Foot and Ankle Surgery
- Board Certified Foot and Ankle Surgeon
- Board Certified: American Board of Foot and Ankle Surgery
- Specializing in Sports Medicine, Lower Extremity Trauma
- Specializing in Complex Ankle Ligament Injuries



Michael M. Cohen, D.P.M. Foot and Ankle Surgeon, Podiatrist

- Diplomate: American Board of Foot and Ankle Surgery
- Board Certified Foot and Ankle Surgeon
- · Board Certified: American Board of Podiatric Medicine
- · Specializing in Lower Extremity Injuries and Deformities in Children and Adults



John D. Goodner, D.P.M. Foot and Ankle Surgeon, Podiatrist

- Diplomate: American Board of Foot and Ankle Surgery
- Fellow: American College of Foot and Ankle Surgeons
- Board Certified Foot and Ankle Surgeon
- Specializing in Sports Medicine, Foot and Ankle Arthroscopy
- Specializing in Lower Extremity Injuries and Deformities in Children and Adults
- Specializing in Adult and Pediatric Reconstructive Foot, Ankle and Leg Surgery
- Specializing in Adult and Pediatric Lower Extremity Trauma



Warren Windram, D.P.M. Foot and Ankle Surgeon, Podiatrist

- Diplomate: American Board of Foot and Ankle Surgery
- Board Certified Foot and Ankle Surgeon
- Specializing in Foot and Ankle Arthroscopy
- Specializing in Total Ankle Replacement
- Specializing in Lower Extremity Injuries and Deformities in Children and Adults

# INSURANCE

### MOST INSURANCES, PPO'S AND MEDICARE ACCEPTED Preferred Providers Below

### **ADULT**

Aetna (HMO, PPO, POS, EPO) Avmed (HMO, PPO) Better Health Blue Cross/Blue Shield (HMO, PPO)

Cigna (HMO, PPO, POS)

GHI

Humana (PPO, POS, EPO)

Magellan Medicare

Memorial (HMO, PPO)

Miccosukee

Multiplan

Network Blue (HMO, PPO)

Preferred Choice

Private Health Care System

Seminole Tribe

Tricare

United Health Care (HMO, PPO, POS)

### PEDIATRIC

Better Health Molina Staywell Sunshine State Wellcare

### **WORKERS'** COMPENSATION

AIG Corvel **ESIS FCCI** 

Gallagher Bassett

Hartford Ins - Specialty Risk

Liberty Mutual Marriot

**Publix Works Comp** 

Sedgwick Travelers

**US Department of Labor** 

Zenith Ins. Co. Zurich American

### Call us to see if we participate with your plan

**Accepting Medicare** Accepting most HMO's and PPO's Accepting Motor vehicle insurance **Accepting Workers Compensation** Second opinions and IME's Outpatient and Inpatient surgery

Same day appointments **Emergency visits** Early morning appointments **Evening appointments** Letters of Protection, (LOP's) Se habla Espanol

### **LOCATIONS**

#### **WESTON**

1600 Town Center Blvd. • 954-389-5900

#### **PEMBROKE PINES**

17842 NW 2nd St. • 954-430-9901

#### **PLANTATION**

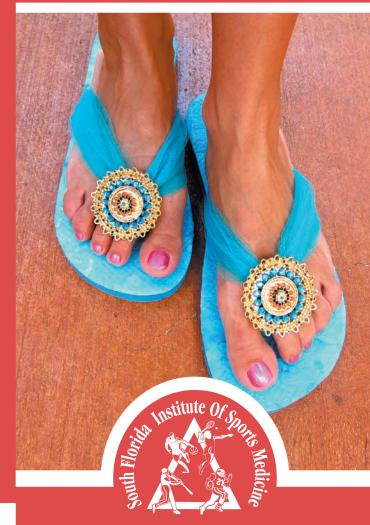
220 S.W. 84th Avenue, Suite 102 • 954-720-1530

www.SouthFloridaSportsMedicine.org





# No Need To **Hide Your Toes!**



Messina • Goodner • Cohen • Windram Desimone • Mova • Bertot • Shenassa • Jones • Gonzalez

**BRINGS BACK NAILS SAFELY** 

# LASER TREATMENT WORKS! NO NEED TO HIDE YOUR TOES!

Ask A Specialist If Laser Treatment Is Right For You

# Do Your ToeNails Appear Yellow, brittle or Thickened?

Then perhaps you suffer from Onychomycosis, a condition also known as ToeNail Fungus. ToeNail fungus can be caused by heavy foot perspiration, poor shoe/sock ventalation, or walking barefoot in damp areas such as gyms and locker rooms.

Until now, the only solutions for ToeNail fungus was to surgically remove the nail; apply topical treatments, which have POOR success rates, or prescription medications, which may have many potentially dangerous side effects.

# Today, Lasers are the latest Treatment for ToeNail Fungus

Laser treatment can effectively rid your toenails of unsightly toenail fungus in as little one or two treatments, depending on the severity of the condition. Our lasers wavelength penetrates the nail, eliminating the destructive fungus that causes the infection while revitalizing your nail as it grows out.

- Quick, In Office Procedure
- FDA Appoved
- Safe & Effective
- Virtually Painless

### **Laser Treatment WORKS!**

Talk to Our Doctors and find out how Laser Treatment can benefit you!

### What To Expect...

Your Toe Nails should be cleaned and filed prior to the Laser Treatment. As each toe is treated with the Laser you will feel a mild, warming sensation. The Laser Treatment will take about 20-30 minutes depending on the toes involved. There is usually no discomfort after the treatment. The Physician will discuss post-treament care to avoid fungal re-infection.

You will notice results within 3-6 months, depending on how quickly your toenails grow. New, clear growth begins to appear at the bottom portion of your nail as the diseased portion of the nail grows out.

You may return to your normal daily routine immediately after your toenail treatment. We suggest avoiding covering treated toenails with polish for a short period of time. More information will be given during the procedure by the Laser Technician and Your Physician.

# Pre Laser







### Why Choose Laser Treatment?

Lasers are making HUGE strides in the medical care of fungal nails. Until Lasers came about there were virtually no easy ways of getting rid of ToeNail fungus with any consistent results, leaving an unsightly uncomfortable disease to maintain under your toe nails, unobstructed. In addition, ToeNail Fungus may be contagious, which is why it has infected 40% of the adult population. Now You Can do something to correct this discouraging infection from its horrors that it inflicts.

It is important to understandthat laser treatment for nails is NOT 100%. while it is expected to greatly benefit the nail appearance, some nails may be resistant to laser treatment, and other types of treatment may be necessary.

## Will My Insurance Cover This Procedure?

No. Insurance companies consider fungus nails to be cosmetic and will not cover them. The cost for treatment will be \_\_\_\_\_ to \_\_\_\_, depending on the number of nails treated.

Pre Laser





